



Lab 11-220
675 West 10th Avenue
Vancouver, BC V5Z 1L3
Canada

info@repeatdiagnostics.com
www.repeatdiagnostics.com

TELOMERE LENGTH MEASUREMENT SPECIMEN COLLECTION AND SHIPPING PROCEDURE

BEFORE COLLECTION OF BLOOD

- Contact REPEAT Diagnostics by email at test@repeatdiagnostics.com to coordinate appropriate shipping date.

SPECIMEN COLLECTION

Label the specimen tube with:

- Patient ID #
- Age
- Sex
- Date and time of collection
- Collect blood in a standard 9ml glass or plastic EDTA or sodium citrate tubes.
- 5-10ml of blood is required for successful testing.
- All blood shipments to REPEAT Diagnostics must arrive within 48 hours and in good condition. Sample should **only** be shipped overnight by **FedEx** on Monday, Tuesday or Wednesday.

SHIPPING MATERIAL

- Cardboard box with internal Styrofoam shipping container.
- Gel packs (cold packs) refrigerated at 4°C.
- Specimen bag with front pouch.
- International Air Waybill.
- Commercial Invoice.
- Packing tape.
- Two address labels.
- Telomere Length Measurement Requisition Form.

SHIPPING

- 1. Place cold gel packs in shipping container. Gel packs should never be colder than 4°C.
- 2. Wrap blood collection tube(s) in bubble wrap and place in plastic bag.
- 3. Place completed requisition form in front pouch of specimen bag.
- 4. Place bag in shipping container.
- 5. Close the Styrofoam lid.
- 6. Seal shipping container with packing tape.
- 7. Attach large address label to side of box and small adhesive address label to top of box.
- 8. Fill out the international Air Waybill form for dangerous goods shipment.
- 9. Fill out commercial invoice form. Minimal dollar value must be \$20.00 to ensure rapid customs processing.
- 10. Include 5 copies of the Commercial Invoice with the waybill.
- 11. Ship immediately by **FedEx** over night delivery service to:
Attention: Irma Vulto
Repeat Diagnostics Inc.
Lab 11 - 220
675 West 10th Avenue
Vancouver, BC Canada V5Z 1L3
- 12. Inform Repeat Diagnostics by email at test@repeatdiagnostics.com of date shipped and tracking number.

SAMPLE RECEIPT CONFIRMATION

- Repeat Diagnostics will acknowledge receipt of specimen via Email
RECEIPT OF DAMAGED SAMPLES: If the packaging or samples are damaged upon receipt, Repeat Diagnostics will contact you with further instructions